



Dr. rer. nat. habil. Eva Asselmann, Dipl.-Psych.

PUBLIKATIONEN

Zeitschriftenartikel

2020:

- Asselmann, E.** & Specht, J. (2020). Taking the ups and downs at the rollercoaster of love: Associations between major life events in the domain of romantic relationships and the Big Five personality traits. *Developmental Psychology*, *56*(9), 1803-1816. doi: 10.1037/dev0001047 (IF 2019: 3.063)
- Asselmann, E.** & Specht, J. (2020). Testing the Social Investment Principle around childbirth: Little evidence for personality maturation before and after becoming a parent. *European Journal of Personality*. Advance online publication. doi: 10.1002/per.2269 (IF 2019: 3.494)
- Asselmann, E.** & Specht, J. (2020). Till death do us part: Transactions between losing one's spouse and the Big Five personality traits. *Journal of Personality*, *88*, 659-675. doi: 10.1111/jopy.12517 (IF 2019: 3.667)
- Asselmann, E.**, Borghans, L., Montizaan, R., & Seegers, P. (2020). The role of personality in the thoughts, feelings, and behaviors of students from Germany during the first weeks of the Corona crisis. *Plos One*, *15*: e0242904. doi: 10.1371/journal.pone.0242904 (IF 2019: 2.740)
- Asselmann, E.**, Kunas, S.L., Wittchen, H.-U., & Martini, J. (2020). Changes in psychopathological symptoms during pregnancy and after delivery: A prospective-longitudinal study in women with and without anxiety and depressive disorders prior to pregnancy. *Journal of Affective Disorders*, *263*, 480-490. doi: 10.1016/j.jad.2019.11.112 (IF 2019: 3.892)
- Asselmann, E.**, Kunas, S.L., Wittchen, H.-U., & Martini, J. (2020). Maternal personality, social support, and peripartum changes in psychopathological symptoms. *Plos One*, *15*, e0237609. doi: 10.1371/journal.pone.0237609 (IF 2019: 2.740)
- Benke, C., Autenrieth, L.K., **Asselmann, E.**, & Pané-Farré, C.A. (2020). Stay-at-home orders due to the COVID-19 pandemic are associated with elevated depression and anxiety in younger but not older adults: Results from a nationwide community sample of adults from Germany. *Psychological Medicine*. 1-2. doi: 10.1017/S0033291720003438 (IF 2019: 5.813)
- Benke, C., Autenrieth, L.K., **Asselmann, E.**, & Pané-Farré, C.A. (2020). Lockdown, quarantine measures, and social distancing: Associations with depression, anxiety and distress at the beginning of the COVID-19 pandemic among adults from Germany. *Psychiatry Research*, *293*, 113462. doi: 10.1016/j.psychres.2020.113462 (IF 2019: 2.118)

2019:

- Angst, J., Rössler, W., Ajdacic-Gross, V., Angst, F., Wittchen, H.-U., Lieb, R., Beesdo-Baum, K., **Asselmann, E.**, ... & Andrade, L. H. (2019). Differences between unipolar mania and bipolar-I disorder: Evidence from nine epidemiological studies. *Bipolar Disorders*, *21*, 437-448. doi: 10.1111/bdi.12732 (IF 2019: 5.410)
- Asselmann, E.**, Beesdo-Baum, K., Hamm, A., Schmidt, C.O., Hertel, J., Grabe, H.-J., & Pané-Farré, C.A. (2019). Lifetime and 12-month prevalence estimates for mental disorders in northeastern Germany: Findings from the Study of Health in Pomerania. *European Archives of Psychiatry and Clinical Neuroscience*, *269*, 341-350. doi: 10.1007/s00406-018-0911-5 (IF 2019: 3.288)
- Asselmann, E.**, Kische, H., Haring, R., Hertel, J., Schmidt, C.O., Nauck, M., Beesdo-Baum, K., Grabe, H.-J., & Pané-Farré, C.A. (2019). Prospective associations of androgens and sex hormone-binding globulin with 12-month, lifetime and incident anxiety and depressive disorders in men and women from the general population. *Journal of Affective Disorders*, *245*, 905-911. doi: 10.1016/j.jad.2018.11.052 (IF 2019: 3.892)
- Asselmann, E.**, Venz, J., Pieper, L., Wittchen, H.-U., Pittrow, D., & Beesdo-Baum, K. (2019). The role of gender and anxiety in the association between somatic diseases and depression: Findings from three combined epidemiological studies in primary care. *Epidemiology and Psychiatric Sciences*, *28*, 321-332. doi: 10.1017/S2045796017000567 (IF 2019: 5.876)

2018:

- Asselmann, E.**, Hertel, J., Beesdo-Baum, K., Schmidt, C.O., Homuth, G., Nauck, M., Grabe, H.-J., & Pané-Farré, C.A. (2018). Interplay between COMT Val158Met, childhood adversities and sex in predicting panic pathology: Findings from a general population sample. *Journal of Affective Disorders*, *234*, 290-296. doi: 10.1016/j.jad.2018.02.060 (IF 2018: 4.084)
- Asselmann, E.**, Hertel, J., Schmidt, C.O., Homuth, G., Nauck, M., Beesdo-Baum, K., Grabe, H.-J., & Pané-Farré, C.A. (2018). Interplay between RGS2 and childhood adversities in predicting anxiety and depressive

- disorders: Findings from a general population sample. *Depression and Anxiety*, 35, 1104-1113. doi: 10.1002/da.22812 (IF 2018: 4.935)
- Asselmann, E.**, Hilbert, K., Hoyer, J., Wittchen, H.-U., Lieb, R., Bühringer, G., & Beesdo-Baum, K. (2018). Self-reported volitional control in adolescents and young adults from a community cohort: Associations with current, past and future mental disorders. *Psychiatry Research*, 260, 292-299. doi: 10.1016/j.psychres.2017.11.046 (IF 2018: 2.208)
- Asselmann, E.**, Stender, J., Grabe, H.J., König, J., Schmidt, C.O., Hamm, A., & Pané-Farré, C.A. (2018). Assessing the interplay of childhood adversities with more recent stressful life events and conditions in predicting panic pathology among adults from the general population. *Journal of Affective Disorders*, 225, 715-722. doi: 10.1016/j.jad.2017.08.050 (IF 2018: 4.084)
- Asselmann, E.**, Venz, J., Wittchen, H.-U., & Martini, J. (2018). Maternal anxiety and depressive disorders prior to, during and after pregnancy and infant interaction behaviors during the Face-to-Face Still Face Paradigm at 4 months postpartum: A prospective-longitudinal study. *Early Human Development*, 122, 45-53. doi: 10.1016/j.earlhumdev.2018.05.007 (IF 2018: 1.853)
- Asselmann, E.**, Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2018). Sociodemographic, clinical and functional long-term outcomes in adolescents and young adults with mental disorders. *Acta Psychiatrica Scandinavica*, 137, 6-17. doi: 10.1111/acps.12792 (IF 2018: 4.694)
- Asselmann, E.**, Wittchen, H.-U., Lieb, R., Perkonig, A., & Beesdo-Baum, K. (2018). Incident mental disorders in the aftermath of traumatic events: A 10-year prospective-longitudinal community study. *Journal of Affective Disorders*, 227, 82-89. doi: 10.1016/j.jad.2017.10.004 (IF 2018: 4.084)
- Wundrack, R., Prager, J., **Asselmann, E.**, O'Connell, G., & Specht, J. (2018). Does intraindividual variability of personality states improve perspective taking? An ecological approach integrating personality and social cognition. *Journal of Intelligence*, 6, E50. doi: 10.3390/jintelligence6040050

2017:

- Asselmann, E.**, Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2017). A 10-year prospective-longitudinal study of daily hassles and incident psychopathology among adolescents and young adults: Interactions with gender, perceived coping efficacy and negative life events. *Journal of Social Psychiatry and Psychiatric Epidemiology*, 52, 1353-1362. doi: 10.1007/s00127-017-1436-3 (IF 2017: 2.918)
- Martini, J., Petzoldt, J., Knappe, S., Garthus-Niegel, S., **Asselmann, E.**, & Wittchen, H.-U. (2017). Infant, maternal, and familial predictors and correlates of regulatory problems in early infancy: The differential role of infant temperament and maternal anxiety and depression. *Early Human Development*, 115, 23-31. doi: 10.1016/j.earlhumdev.2017.08.005 (IF 2017: 2.025)

2016:

- Asselmann, E.**, Hoyer, J., Wittchen, H.-U., & Martini, J. (2016). Sexual problems during pregnancy and after delivery among women with and without anxiety and depressive disorders prior to pregnancy: A prospective-longitudinal study. *The Journal of Sexual Medicine*, 13, 95-104. doi: 10.1016/j.jsxm.2015.12.005 (IF 2016: 3.151)
- Asselmann, E.**, Wittchen, H.-U., Erler, L., & Martini, J. (2016). Peripartum changes in social support among women with and without anxiety and depressive disorders prior to pregnancy: A prospective-longitudinal study. *Archives of Women's Mental Health*, 19, 943-952. doi: 10.1007/s00737-016-0608-6 (IF 2016: 3.397)
- Asselmann, E.**, Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2016). Risk factors for fearful spells, panic attacks and panic disorder in a community cohort of adolescents and young adults. *Journal of Affective Disorders*, 193, 305-308. doi: 10.1016/j.jad.2015.12.046 (IF 2016: 3.432)
- Asselmann, E.**, Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2016). Does low coping efficacy mediate the association between negative life events and incident psychopathology? A prospective-longitudinal community study of adolescents and young adults. *Epidemiology and Psychiatric Sciences*, 25, 171-180. doi: 10.1017/S204579601500013X (IF 2016: 4.246)
- Asselmann, E.**, Wittchen, H.-U., Petzoldt, J., & Martini, J. (2016). Peripartum changes in partnership quality among women with and without anxiety and depressive disorders prior to pregnancy: A prospective-longitudinal study. *Archives of Women's Mental Health*, 19, 281-290. doi: 10.1007/s00737-015-0556-6 (IF 2015: 3.397)
- Martini, J., **Asselmann, E.**, Einsle, F., Strehle, J., & Wittchen, H. U. (2016). A prospective-longitudinal study on the association of anxiety disorders prior to pregnancy and pregnancy- and child-related fears. *Journal of Anxiety Disorders*, 40, 58-66. doi:10.1016/j.janxdis.2016.04.007 (IF 2016: 3.105)

2015:

- Asselmann, E.** & Beesdo-Baum, K. (2015). Predictors of the course of anxiety disorders in adolescents and young adults. *Current Psychiatry Reports*, *17*, 1-8. doi: 10.1007/s11920-014-0543-z (IF 2015: 2.858)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2015). The role of the mother-child relationship for anxiety and depressive disorders: results from a prospective-longitudinal study in adolescents and their mothers. *European Child and Adolescent Psychiatry*, *24*, 451-461. doi: 10.1007/s00787-014-0596-x (IF 2015: 3.339)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2015). Stability of recalled parental rearing behavior in a community sample of adolescents and young adults. *Journal of Research on Adolescence*, *25*, 614-621. doi: 10.1111/jora.12158 (IF 2015: 2.480)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2015). The role of behavioral inhibition and parenting for an unfavorable emotional trauma response and PTSD. *Acta Psychiatrica Scandinavica*, *131*, 279-289. doi:10.1111/acps.12316 (IF 2015: 6.129)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2015). Danger and loss events and the incidence of anxiety and depressive disorders. A prospective-longitudinal community study of adolescents and young adults. *Psychological Medicine*, *45*, 153-63. doi: 10.1017/S0033291714001160 (IF 2015: 5.491)
- Beesdo-Baum, K., Knappe, S., **Asselmann, E.,** Zimmermann, P., Brückl, T., Höfler, M., Behrendt, S., Lieb, R., & Wittchen, H.-U. (2015). The 'Early Developmental Stages of Psychopathology (EDSP) study': A 20 years review of methods and findings. *Social Psychiatry and Psychiatric Epidemiology*, *50*, 851-866. doi: 10.1007/s00127-015-1062-x (IF 2015: 2.513)

2014:

- Asselmann, E.,** Pané-Farré, C.A., Isensee, B., Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2014). Characteristics of initial fearful spells and their associations with DSM-IV panic attacks and panic disorder in adolescents and young adults from the community. *Journal of Affective Disorders*, *165*, 95-102. doi: 10.1016/j.jad.2014.04.045 (IF 2014: 3.383)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2014). Associations of fearful spells and panic attacks with incident anxiety, depressive, and substance use disorders: A 10-year prospective-longitudinal community study of adolescents and young adults. *Journal of Psychiatric Research*, *55*, 8-14. doi: 10.1016/j.jpsychires.2014.04.001 (IF 2014: 3.957)
- Asselmann, E.,** Wittchen, H.-U., Lieb, R., Höfler, M., & Beesdo-Baum, K. (2014). Does help-seeking alter the risk for incident psychopathology in adolescents and young adults with and without fearful spells or panic attacks? Findings from a 10-year prospective-longitudinal community study. *Journal of Affective Disorders*, *169*, 221-227. doi: 10.1016/j.jad.2014.08.012 (IF 2014: 3.383)

Akademische Abschlussarbeiten

- Asselmann, E.** (2017). *The interplay between family-genetic and family-environmental risk factors in the etiopathogenesis of anxiety disorders: An epidemiological study among adolescents and adults* (unpublished Habilitation thesis, Technische Universität Dresden).
- Asselmann, E.** (2014). *The role of fearful spells as risk factors for panic pathology and other mental disorders: A prospective-longitudinal study among adolescents and young adults from the community* (Doctoral dissertation, Technische Universität Dresden). Available from Qucosa (<http://nbn-resolving.de/urn:nbn:de:bsz:14-qucosa-158099>).
- Asselmann, E.** (2012). *Types of stressful life events and the onset of depression and anxiety in a prospective-longitudinal study among adolescents and young adults* (unpublished Diploma thesis, Technische Universität Dresden).

VORTRÄGE

Wissenschaftliche Vorträge

2020:

Asselmann, E. (2020). *Personality and adjustment to stressful life events*. Talk at the Research Colloquium at the Department for Developmental Psychology of the University of Basel, Basel, Switzerland.

Asselmann, E., Schumann, P., & Specht, J. (2020). *Personality and migration within Germany: Geographical differences in the Big Five personality traits between Eastern and Western Germany as a result of selective migration and personality development*. Talk at the German Political Psychology Meeting of the International Society of Political Psychology at the FernUniversität in Hagen, Hagen, Germany.

2019:

Asselmann, E. (2019). *Retire from work but not from life: How and why does personality change prior to and after retirement?* Talk at the Postdoc Workshop of the Section for Personality Psychology (DPPD) of the German Psychological Society conducted at the GESIS Institute, Mannheim, Germany.

Asselmann, E. (2019). *Wie interagieren familien-genetische und familiär-umweltbezogene Risikofaktoren bei der Entstehung von Angststörungen?* Talk at the Research Colloquium at the Institute of Medical Psychology of the Charité Berlin, Berlin, Germany.

Asselmann, E. & Specht, J. (2019). Taking the ups and downs at the rollercoaster of love: Reciprocal transactions between major life events in the domain of romantic relationships and the Big Five personality traits. In **E. Asselmann** (Chair), *Life transitions and personality development in the domains of love, work, and family*. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.

2018:

Asselmann, E. (2018). *11. Alumni Fellow Keynote Lecture: Welche Rolle spielen genetische Vulnerabilitäten und stressreiche Lebensereignisse für die Entwicklung von Angststörungen?* Talk at the Annual Alumni Meeting at the Alfred-Krupp-Wissenschaftskolleg at the Universität Greifswald, Greifswald, Germany.

Asselmann, E. (2018). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at the Annual Alumni Meeting at the Alfred-Krupp-Wissenschaftskolleg at the Universität Greifswald, Greifswald, Germany.

2017:

Asselmann, E. (2017). *Environmental adversities and risk for anxiety disorders: Assessing the interplay with familial and individual vulnerability and risk factors*. Talk at the Bühler-Kolloquium at the Institute of Psychology of the Technische Universität Dresden, Dresden, Germany.

Asselmann, E. (2017). *Fellow Lecture: Welche Rolle spielen negative Lebensereignisse für die Entwicklung psychischer Störungen?* Talk at the Alfred-Krupp-Wissenschaftskolleg at the Universität Greifswald, Greifswald, Germany.

2016:

Asselmann, E. (2016). *Welche Rolle spielen negative Lebensereignisse für die Entwicklung psychischer Störungen?* Talk at the Senioren-Akademie at the Technische Universität Dresden, Dresden, Germany.

2015:

Asselmann, E., Wittchen, H.-U., Höfler, M., Lieb, R., & Beesdo-Baum, K. (2015). *Wie beeinflusst Hilfesuchverhalten bei Jugendlichen und jungen Erwachsenen mit und ohne Panikattacken prospektiv das Risiko für weitere Psychopathologie? Ergebnisse der Early Developmental Stages of Psychopathology Study (EDSP)*. Talk at the 9th Workshop Congress for Clinical Psychology and Psychotherapy of the German Psychological Society, Dresden, Germany.

2014:

Asselmann, E. (2014). *Die Rolle von Paniksymptomen für psychische Störungen*. Talk at the Weekend Academy at the Technische Universität Dresden, Dresden, Germany.

Asselmann, E. (2014). *Klinische Diagnostik: Wesentliche Neuerungen von DSM-IV zu DSM-5*. Talk at the Annual Conference of the Psychotherapeutenkammer Hamburg, Hamburg, Germany.

Poster-Präsentationen

2018:

Zenker, M., **Asselmann, E.**, & Beesdo-Baum, K. (2018). *Effectiveness of Applied Relaxation on tension, anxiety and depressive symptomatology: A randomized trial*. Poster presented at the Annual Conference 2018 of the German Association for Social Medicine and Prevention, Dresden, Germany.

2016:

Voss, C., Diel, K., **Asselmann, E.**, Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2016). *Self-reported triggering events for suicide attempts in a representative community sample of adolescents and young adults in Germany*. Poster presented at the 16th European Symposium on Suicide and Suicidal Behaviour, Oviedo, Spain.

2015:

Asselmann, E., Martini, J., Gründel, L., & Hoyer, J. (2015). *Sexuelle Probleme während der Schwangerschaft und nach der Geburt bei Frauen mit Angst- und depressiven Störungen*. Poster presented at the German Congress of Psychosomatic Medicine and Psychotherapy 2015, Berlin, Germany.

Voss, C., **Asselmann, E.**, Wittchen, H.-U., Lieb, R., & Beesdo-Baum, K. (2015). *Behavioral inhibition as a risk factor for lifetime suicide attempt. Findings from a representative community sample of adolescents and young adults*. Poster presented at the International Summit on Suicide Research Preventing Suicide: Progress Through Research, New York, USA.

2014:

Asselmann, E., Wittchen, H.-U., Höfler, M., Lieb, R., & Beesdo-Baum, K. (2014). *Does help-seeking alter the risk for incident psychopathology in adolescents and young adults with and without fearful spells or panic attacks? Findings from a 10-year prospective-longitudinal community study*. Poster presented at the Annual Conference 2014 of the German Society for Epidemiology, Ulm, Germany.

Asselmann, E., Wittchen, H.-U., Höfler, M., Lieb, R., & Beesdo-Baum, K. (2014). *Does low coping efficacy mediate the association between negative life events and incident psychopathology?* Poster presented at the 49th Conference of the German Psychological Society, Bochum, Germany.

Populärwissenschaftliche Vorträge

2020:

Asselmann, E. (2020). *Persönlichkeit im Beruf: Worauf kommt es bei der Personalauswahl an?* Talk at CASE Online Summit - Praxis trifft Forschung, Cologne, Germany.

Asselmann, E. (2020). *Don't get stressed out!* Talk at code-c Berlin, Berlin, Germany.

2019:

Asselmann, E. (2019). *EASY-PMR: Eine Technik, um blitzschnell, gezielt und intensiv in akuten Stresssituationen zu entspannen*. Talk at the AHAB Academy, Berlin, Germany.

Asselmann, E. (2019). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at code-c Berlin, Berlin, Germany.

Asselmann, E. (2019). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at the German Federal Association of Business Coaching, Berlin, Germany.

Asselmann, E. (2019). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at ABF Berlin, Berlin, Germany.

Asselmann, E. (2019). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at the Coaching Center Berlin, Berlin, Germany.

Asselmann, E. (2019). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at the Studienstiftung des Deutschen Volkes, Berlin, Germany.

Asselmann, E. (2019). *Wohlbefinden und Glück: Wie können wir die psychische Gesundheit fördern und psychischen Störungen vorbeugen?* Keynote lecture at the Symposium „Hirn im Glück“ at the Kortizes Institute for Popular Science Discourse, Nurnberg, Germany.

2018:

Asselmann, E. (2018). *EASY: Alltagsstress gelassen meistern mit Angewandter Entspannung*. Talk at Hypoport Berlin, Berlin, Germany.

2017:

Asselmann, E. (2017). *Entspannt dem Stress begegnen*. Talk at the Conference „Qualität braucht Zeit“ of the Sächsischer Erzieherverband, Leipzig, Germany.

Medienbeiträge

Diverse Zeitungs-, Radio- und Fernsehinterviews (Berliner Morgenpost, Berliner Woche, Berliner Zeitung, Brigitte, Business Insider Deutschland, Deutsche Presseagentur, Eltern, familie.de, Fernsehwoche, GEO Wissen, Informationsdienst Wissenschaft, Kölner Stadt-Anzeiger, Kölnische Rundschau, Mitteldeutscher Rundfunk, New Scientist, Norddeutscher Rundfunk, Psychiatry Advisor, Psychologie Heute, Psychology Today, Republica Online, Rhein-Neckar Zeitung, Sächsische Zeitung, Spektrum der Wissenschaft, Spiegel Online, Stuttgarter Nachrichten, St. Galler Tageblatt, TV Movie, Wirtschaftswoche, ZDF/ 3sat, u.a.)